Welcome

Post-Traumatic Stress Research: We are working to create novel, more effective treatments for PTSD. Want to help? Become a research participant!

About Us

We are part of the Stress and Health Research Program at the San Francisco VA Medical Center. Our study team consists of a large group of scientists, doctors, and researchers whose primary focus is to better understand combat or military stress, and to develop new and more effective treatments.

Current Studies

We are actively recruiting participants for two studies on post-traumatic stress research. For more information, view the "Participate In Research" tab.

Veteran's Stress and Learning Study
Do you have military service-related stress?

You may be eligible to participate in research to better understand post-traumatic stress, and to develop new and more effective treatments for veterans.

The San Francisco VA Medical Center is conducting a study that measures the effects of two medications, Hydrocortison and D-Cycloserine (DCS) on stress responses during a simple computer task. Study participants will be compensated up to $155 for their time.

Study participants will be asked to:

- Make 4 visits to the San Francisco VA
- Complete a computerized learning task which involves a mild electrical pulse
- Take a placebo (non-active) or medication. One pill, one time, at a low dose.

For more information and a confidential discussion, please contact us and ask for the Veterans Stress and Learning Study: (415) 221-4810 x4145

Veteran’s Stress and Resilience Study

Have you survived a traumatic event?

Researchers at the San Francisco VA Medical Center/University of California, San Francisco are currently seeking men and women between the ages of 18-40 for a study examining stress and learning. If you experienced a traumatic or life threatening event during military service, you may be eligible to participate in a study at the San Francisco VA Medical Center.

Participants will receive up to $225 for their time.

Study participants will be asked to:

- Make 4 visits to the San Francisco VA
- Complete a computerized task involving mild, non-painful electrical pulse
- Provide a blood sample prior to each task

For more information and a confidential discussion, please contact us by phone (415) 221-4810 x5116 or email starstudies@ncire.org [1].